

# Abuse Addict: The True Story of Kayti Lynna Breeze



## Abuse Addict by Kayti Lynna Breeze

★★★★★ 5 out of 5

Language : English  
File size : 2540 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Print length : 27 pages  
Lending : Enabled  
Item Weight : 4.9 ounces



## By Kayti Lynna Breeze

Abuse Addict is the gripping true story of Kayti Lynna Breeze, a young woman who survived years of physical, emotional, and sexual abuse. This powerful memoir follows Kayti's journey from a broken child to a fierce advocate for survivors.

Kayti's story begins in a small town in rural America. Her father is a violent alcoholic, and her mother is an emotionally abusive narcissist. From a young age, Kayti is subjected to unimaginable horrors. She is beaten, raped, and molested. She is forced to live in a constant state of fear and isolation.

As Kayti gets older, she develops an addiction to drugs and alcohol. She uses these substances to numb the pain of her past. But her addiction only

makes her situation worse. She loses her job, her home, and her dignity.

One day, Kayti hits rock bottom. She is arrested for drug possession and sent to jail. While in jail, she meets a woman who helps her to confront her past. Kayti begins to realize that she is not alone, and that there is hope for healing.

After her release from jail, Kayti enters a recovery program. She begins to work through the trauma of her past and to rebuild her life. She finds a job, a home, and a supportive community. She also starts to speak out about her experiences, becoming an advocate for other survivors of abuse.

Abuse Addict is a powerful and inspiring story of survival and hope. Kayti's journey is a reminder that even the darkest of pasts can be overcome.

## **Reviews**

"Abuse Addict is a must-read for anyone who has been affected by abuse. Kayti's story is raw and heartbreaking, but it is also a story of hope and healing. Her courage and resilience are an inspiration to us all."

- Dr. Laura Berman, author of *The Book of Joy: Lessons Learned from 15 Years of Healing from Abuse*

"Kayti's story is a powerful reminder that we are not alone. She has shown us that it is possible to overcome the trauma of abuse and to live a full and happy life.

- Oprah Winfrey

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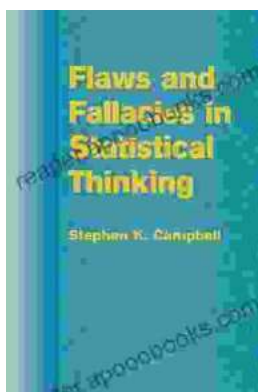
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