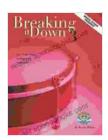
## Breaking It Down: The Ultimate Guide to Breaking Through Barriers

#### By Kevin White

Are you tired of feeling stuck? Do you feel like there's something holding you back from achieving your full potential? If so, then you need to read *Breaking It Down* by Kevin White.



#### Breaking It Down 3 by Kevin White

★★★★★ 5 out of 5
Language : English
File size : 5854 KB
Screen Reader : Supported
Lending : Enabled
Print length : 96 pages



Breaking It Down is the ultimate guide to breaking through the barriers that hold you back. This book will help you identify your obstacles, develop a plan to overcome them, and achieve your goals.

In *Breaking It Down*, Kevin White shares his personal story of overcoming adversity. He was born into a poor family in a small town. He was bullied as a child. And he struggled with learning disabilities.

But Kevin didn't let these obstacles stop him. He went on to become a successful entrepreneur, speaker, and author.

In *Breaking It Down*, Kevin shares the lessons he learned on his journey. He teaches you how to:

- Identify your obstacles
- Develop a plan to overcome them
- Stay motivated
- Achieve your goals

Breaking It Down is an inspiring and practical guide that will help you break through the barriers that hold you back. If you're ready to take your life to the next level, then you need to read this book.

#### Here's what people are saying about *Breaking It Down*:

"Breaking It Down is a must-read for anyone who wants to overcome obstacles and achieve their goals. Kevin White's personal story is inspiring, and his advice is practical and actionable." - Tony Robbins, bestselling author and motivational speaker

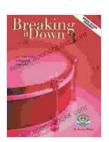
"Breaking It Down is a game-changer. This book will help you identify your obstacles, develop a plan to overcome them, and achieve your dreams." - Darren Hardy, founder of SUCCESS magazine

"Breaking It Down is an essential guide for anyone who wants to live a successful and fulfilling life. Kevin White's insights are invaluable." - Jack Canfield, co-author of the bestselling book *Chicken Soup for the Soul* 

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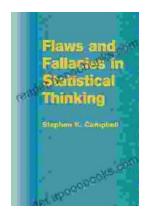
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