

Make It Stick: The Science of Successful Learning

Do you ever wonder why you can't seem to remember what you studied for a test? Or why you can't seem to apply what you've learned in one class to another? The answer may lie in the way you're learning.



Make It Stick: The Science of Successful Learning

by Peter C. Brown

★★★★☆ 4.7 out of 5

Language : English

File size : 532 KB

Text-to-Speech : Enabled

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 330 pages

Screen Reader : Supported



In the book *Make It Stick: The Science of Successful Learning*, authors Peter C. Brown, Henry L. Roediger III, and Mark A. McDaniel reveal the science behind how we learn and offer practical techniques to improve your memory and understanding.

One of the most important things to know about learning is that it's not a passive process. You can't just read something once and expect to remember it. To learn something new, you need to actively engage with the material. This means thinking about it, questioning it, and trying to apply it to your own life.

Another important thing to know about learning is that it takes time. Don't expect to learn something new overnight. It takes repeated exposure to the material over time to really learn it.

Make It Stick offers a number of practical techniques to help you learn more effectively. These techniques include:

- **Spaced repetition:** This technique involves reviewing the material at increasing intervals. For example, you might review the material once a day for the first week, then once a week for the next month, and then once a year after that.
- **Interleaving:** This technique involves mixing up different types of problems or questions. For example, instead of doing all of the math problems at the end of the chapter, you might mix them up with the science problems.
- **Retrieval practice:** This technique involves trying to recall the material from memory without looking at your notes. For example, you might try to write down everything you can remember about a topic after you've read about it.

These are just a few of the techniques that can help you learn more effectively. By following these techniques, you can improve your memory, understanding, and ability to apply what you've learned to your own life.

If you're serious about learning, then you need to read *Make It Stick: The Science of Successful Learning*. This book will give you the tools you need to learn more effectively and achieve your goals.

Free Download your copy of *Make It Stick* today!

Praise for *Make It Stick*

"A must-read for anyone who wants to improve their learning skills." - **Daniel T. Willingham, author of *Why Don't Students Like School?***

"The best book on learning I've ever read." - **Barbara Oakley, author of *A Mind for Numbers***

"This book will change the way you think about learning." - **Bill Gates**



Make It Stick: The Science of Successful Learning

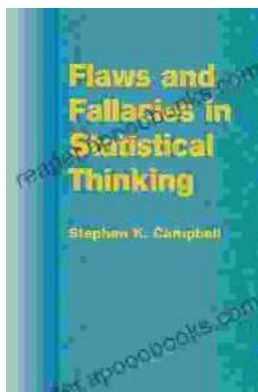
by Peter C. Brown

★★★★☆ 4.7 out of 5

Language : English
File size : 532 KB
Text-to-Speech : Enabled
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 330 pages
Screen Reader : Supported

FREE

DOWNLOAD E-BOOK



Unveiling the Pitfalls of Statistical Reasoning: Explore Flaws and Fallacies in Statistical Thinking

In the realm of data analysis and decision-making, statistical thinking serves as a crucial pillar, empowering us to draw meaningful insights from complex datasets. However,...



Library Wars: Love & War - A Captivating Tale of Romance and Action

In a future where books are under attack, the Library Defense Force (LDF) stands as the last line of defense against those who seek to silence the written word....